



LOCATION:

School Library

RSVP:

info@oakhillacademy.org

At Oak Hill Academy, we strive to provide a whole child educational experience to your children. In addition to academics, we nurture social and emotional growth. As we continue to educate our students, we recognize the need to carry those philosophies and methods into the home. Our hope is to extend a variety of educational opportunities to our parents as

well as to the parents of the wider community. Events will offer a professional speaker and question-and-answer sessions to provide parents with guidance, the latest research, and practical solutions to their toughest questions. It is our hope that these discussions will assist both the school and parents in our most important role: preparing our students for their next stage in life.

TOPIC:

PLANNING A MEMORABLE FAMILY TRIP WITH YOUR NEURODIVERGENT CHILD

WHEN/SPEAKER:

Thursday, September 25 @ 8:30am
with Hana Seyoum, World of Possibilities Travel

Do you dream of taking a family vacation but feel overwhelmed by the challenges of traveling with Autism, ADHD, OCD, or anxiety? You're not alone—and you're not without options. In this encouraging and informative session, Certified Autism Travel Professional Hana Seyoum will share practical tips, proven strategies, and accessible travel solutions designed specifically for families navigating hidden disabilities. From sensory-friendly resorts to supportive cruise programs, you'll learn how to plan trips that are manageable, memorable, and tailored to your child's unique needs. Whether you've never traveled before or are looking to make your next trip less stressful, this presentation will leave you inspired and equipped to see the world and explore its possibilities.

TOPIC:

OCD, AUTISM & ADHD

WHEN/SPEAKER:

Thursday, November 13 @ 8:30am
with Laura Minze, Dallas CBT

Join child psychologist and assessment specialist, Dr. Laura Minze, for a practical, evidence-based talk designed to help families, caregivers, and educators better understand the often confusing overlap between anxiety disorders, obsessive-compulsive disorder (OCD), autism, and ADHD in children. Learn how to distinguish between common anxiety disorders, obsessive-compulsive disorders, and traits associated with neurodivergence (e.g., ASD, ADHD) —especially when they co-occur. This talk will help you learn how to identify what is driving a child's behavior, why the function or "purpose" of their behavior matters, what behavior reinforcement is and how reinforcement cycles differ across conditions, and what you can do in the moment to support a child without unintentionally reinforcing fear, anxiety or avoidance. With practical examples, coping strategies, and flexible tools (not perfection!), this talk offers clear, actionable guidance grounded in clinical experience. Perfect for anyone supporting neurodivergent children navigating anxiety, OCD, or both.

TOPIC:

TOP 10 QUESTIONS ABOUT SPECIAL NEEDS TRUSTS

WHEN/SPEAKER:

Thursday, February 26 @ 8:30am
with Rachel Dickison, Weeks Law Firm

An introduction to special needs trusts and special needs planning by Rachel Dickison, attorney with the Weeks Law Firm, PLLC in Plano, Texas. Rachel gives a primer on government benefits, special needs trusts, ABLE accounts, and how you can plan for your child's future so that your child can thrive.

TOPIC:

PARENTING IN A HOUSEHOLD WITH NEURODIVERGENT & NEUROTYPICAL CHILDREN

WHEN/SPEAKER:

Thursday, April 16 @ 8:30am
with Courtney Guhl Huckabay, M.Ed., LPC-S, RPT-S™, NCC, Terra Therapies

Parenting can be tough, especially when siblings have different needs! Join us as Courtney discusses strategies for parenting a neurodivergent child and their siblings in a positive way. This talk will include strategies for parenting, setting expectations of each child and navigating discipline. In addition, Courtney will give tips on how to talk to your neurotypical child about the challenges their sibling might face.