

## TIPS AND TRICKS FOR PARENTING A CHILD WITH ADHD

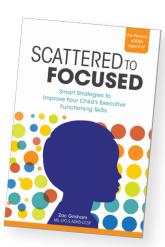




Parenting ADHD children can be hard! Mr. Grisham will help parents understand the effect ADHD has on the lives of their children. He strives to give concrete and attainable action plans to help enact change in students' lives, while also empathetically helping students and families feel empowered by the strengths of the diagnosis.



## ABOUT THE SPEAKER, ZAC GRISHAM:



Zac Grisham, MS, LPC-S, ADHD-CCSP, has dedicated his private counseling practice to helping children and parents learn about the wide-ranging effects that ADHD has on children's self-esteem and their functioning at school and home. He is a former elementary school teacher and the author of "Scattered to Focused: Smart Strategies to Improve Your Child's Executive Functioning Skills."

**DATE/TIME:** Thursday, February 27

@ 8:30 am

**LOCATION:** Oak Hill Academy

9407 Midway Road Dallas, TX 75220

RSVP by 2/25/25: info@oakhillacademy.org



Coffee and a light breakfast will be served.

## **Nurturing Neurodiversity. Unlocking Potential.**

Oak Hill Academy provides complex, neurodiverse students with a tailored, whole-child learning experience to empower our students and their families to reach their full potential.

Learn more at www.oakhillacademy.org.